

**RURAL EDUCATION FOR ACTION AND
DEVELOPMENT AGENCY
(READ-AGENCY)**

**ANNUAL
REPORT**

**2023-
2024**



**RURAL EDUCATION FOR ACTION AND DEVELOPMENT AGENCY
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R. Ramdass
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ATTESTED
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INTRODUCTION:

RURAL EDUCATION FOR ACTION AND DEVELOPMENT AGENCY is an NGO working since 1991 for the development of all kind of people of the society with the great effort managing committee and staff team. READ is a registered society under Tamilnadu society registration act. Let us see more about its achievements.

Rural education for action and development agency (READ) is a rural based non-profit organization which is working for the improvement of the downtrodden people. We are extending our valuable service with the support of central and state government and public. With our huge experience we are running various programmes for the Shakti Sadan Women Home and Old Age Home. In this report we just see some of our programmes at glance.



OLD AGE HOME PROGRAM

With the support of central and state governments READ is running old age homes for elder persons.

NEED OF THE OLD AGE HOMES

It is a shameful state of affairs that there has arisen a need for old age homes in modern times. To understand the concept of OAHs, one has to go back in time five to six decades to see the life pattern of elders and chronologically trace the Developments that led to the slow yet steady changes that were necessitated by circumstances. There was the much-acclaimed joint family or extended family system wherein elders lived with not only their children but also with their brothers, sisters or uncles and aunts in nearby houses, mostly in villages or in small towns. They all used to live close by, helping each other for many

Everyone was close at hand for any emergencies such as health problems or deaths. Thus, the social fabric was well- woven and due respect was given to elders. This system enabled elders to lead reasonably happy lives with hardly any tension, as

They had the confidence that someone would take care of them when needed. Whenever there were some health issues for an elder, the whole family would run around to attend to all needs, rendering medical to personal assistance. With perfect understanding on caring and

There are five patterns that elders today face generally, which are situation-dependent. In one, elders stay with children in the same house in the city, which ensures financial and health security. In another situation, they live alone in a separate house with children living elsewhere in the city, considering proximity to places of work or the educational needs of children. Here, the family members visit the parents once a week or when any health problems necessitate their presence. In a third scenario, elders stay alone in a town or city while the children live in faraway cities for employment; the children visit once in a few months for occasions or emergencies of health.

In a fourth pattern, elders live all alone in the city, the children having migrated to foreign countries or for higher education, jobs and so on. The children will be living settled and comfortable lives with family and children, with all material comforts. They will visit the elders once in two or three years; this situation causes health-related and emotional insecurities, though the elders will be financially sound thanks to foreign remittances. In another pattern, elders live with relatives or in old age homes, either with spouse or alone, with financial, health and emotional insecurity. Elders, both men and women, who remained single without marriage invariably landed in OAHs. Each of these situations has its own merits and demerits. While many elders accept the change, others are unable to adjust, and start grumbling and sulking, which is understandable considering the age and exposure to circumstances.

YOGA AND EXERCISE:

Better blood circulation and proper metabolic activity, yoga is trained and pranayama is also in practice. Morning exercise for the elders for half an hour. It is very mild like walking, rolling hands, raising and lowering arms. Slow sit-ups, sitting on the chair and raising legs like exercises are happily done few minutes based on their possibilities.



ELDERS CARE:

In our home there are 10 staff members are rendering meaningful service for the welfare of the elders. The warden, Cook, M.T.S, Nurse, Doctor, yoga teacher, social worker like dedicated team serves for the happy, healthy and peaceful sty of the elders.

FOOD





HEALTH CARE:

Our part time doctor during his visit he conduct all sorts of needed medical checkups and based on the health issues like B.P, Diabetics, Nervous weakness, Body Pain, Cold, cough, visual issues, arthritis and geriatric related issues , he refers for the Urine , Blood tests, ecg and any kind of tests which is required to the old people. Based on the problem identified and diagnosed the treatment will be started.



RECREATION



FOR WOMEN

Shakti Sadan Women Home

The scheme envisions a supportive institutional framework for women victims of difficult circumstances so that they could lead their life with dignity and conviction. It envisages that shelter, food, clothing, and health as well as economic and social security are assured for such women. It also envisions that the special needs of these women are properly taken care of and under no circumstances they should be left unattended or abandoned which could lead to their exploitation and desolation

BENEFICIARIES

Women who are deserted and are without any social and economic support;
Women survivors of natural disasters who have been rendered homeless and are without any social and economic support; Women prisoners released from jail and are without family, social and economic support;

Women victims of domestic violence, family tension or discord, who are made to leave their homes without any means of subsistence and have no special protection from exploitation and/ or facing litigation on account of marital disputes;



TAILORING CLASSES



FOOD



CONCLUSION

We are working for the development of various kinds of people for the past 27 years with the support of foreign contributions, central government funds, state government funds and local funds. We thank each and every one who gave immense support us to carry on the programs and reach our goals.


Director / Secretary
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